



## NICU Skills Checklist

### Experience

- 1 - No Experience
- 2 - Limited Experience
- 3 - Proficient (experienced, may need occasional review)
- 4 - Highly Skilled (can function well independently)

### Frequency

- 1 - Never Done
- 2 - Rarely Done
- 3 - Occasionally Done
- 4 - Frequently Done

Name: \_\_\_\_\_

	Experience	Frequency		Experience	Frequency
<b>CARDIOVASCULAR</b>			<b>PULMONARY</b>		
<b>Assessment</b>			<b>Assessment</b>		
Auscultation (rate, rhythm, volume)	1 2 3 4	1 2 3 4	Breath Sounds	1 2 3 4	1 2 3 4
Blood pressure/invasive (arterial line)	1 2 3 4	1 2 3 4	Rate and work of breathing	1 2 3 4	1 2 3 4
Blood Pressure/non-invasive	1 2 3 4	1 2 3 4	<b>Interpretation of Lab Results</b>		
Heart Sounds/Murmurs	1 2 3 4	1 2 3 4	Blood gases	1 2 3 4	1 2 3 4
Perfusion	1 2 3 4	1 2 3 4	Interpretation of X-Ray results	1 2 3 4	1 2 3 4
Pulses	1 2 3 4	1 2 3 4	<b>Equipment &amp; Procedures</b>		
<b>Equipment &amp; Procedures</b>			Airway Management		
EKG Interpretation	1 2 3 4	1 2 3 4	Assist with Intubation	1 2 3 4	1 2 3 4
Defibrillation/Cardioversion	1 2 3 4	1 2 3 4	Bulb Syringe	1 2 3 4	1 2 3 4
Invasive hemodynamic monitoring	1 2 3 4	1 2 3 4	CPAP (nasal prongs)	1 2 3 4	1 2 3 4
Central venous pressure	1 2 3 4	1 2 3 4	Endotracheal Tube Suctioning	1 2 3 4	1 2 3 4
<b>Care of the Neonate with:</b>			In-Line Suction	1 2 3 4	1 2 3 4
Cardiac Arrest	1 2 3 4	1 2 3 4	Open ET catheter suction	1 2 3 4	1 2 3 4
Cardiac Transplant	1 2 3 4	1 2 3 4	Extubation	1 2 3 4	1 2 3 4
Cardiomyopathy	1 2 3 4	1 2 3 4	Intubation	1 2 3 4	1 2 3 4
Congenital Heart Disease/Defects	1 2 3 4	1 2 3 4	Nasal airway/suctioning	1 2 3 4	1 2 3 4
Hemodynamic instability	1 2 3 4	1 2 3 4	Oral airway/suctioning	1 2 3 4	1 2 3 4
Hypovolemic Shock	1 2 3 4	1 2 3 4	Tracheostomy/suctioning	1 2 3 4	1 2 3 4
Post cardiac Surgery	1 2 3 4	1 2 3 4	Apnea Monitor	1 2 3 4	1 2 3 4
Post Interventional Cardiac Cath	1 2 3 4	1 2 3 4	Cardiac Resuscitation	1 2 3 4	1 2 3 4
<b>Medications</b>			Chest Tube (assist with)		
Dobutamine	1 2 3 4	1 2 3 4	Insertion	1 2 3 4	1 2 3 4
Dopamine	1 2 3 4	1 2 3 4	Removal	1 2 3 4	1 2 3 4
Epinephrine	1 2 3 4	1 2 3 4	Set-up	1 2 3 4	1 2 3 4
Nipride	1 2 3 4	1 2 3 4	ECMO (Extracorporeal Membrane Oxygenation)	1 2 3 4	1 2 3 4
Sodium Bicarbonate	1 2 3 4	1 2 3 4	O2 Therapy Delivery Systems		
			Bag (anesthesia) & mask	1 2 3 4	1 2 3 4
<b>NEUROLOGICAL</b>			Bag (self-inflating) & mask	1 2 3 4	1 2 3 4
<b>Assessment</b>			Nasal cannula	1 2 3 4	1 2 3 4
Intracranial pressure monitoring	1 2 3 4	1 2 3 4	Nebulizer	1 2 3 4	1 2 3 4
Neurological status	1 2 3 4	1 2 3 4	Oxyhood	1 2 3 4	1 2 3 4
Care of Neonate with:	1 2 3 4	1 2 3 4	Tent	1 2 3 4	1 2 3 4
Brain death/organ procurement	1 2 3 4	1 2 3 4	Trach collar	1 2 3 4	1 2 3 4
Externalized VP shunt/reservoirs	1 2 3 4	1 2 3 4	<b>Obtaining Blood Gases</b>		
Increased intracranial pressure	1 2 3 4	1 2 3 4	Arterial	1 2 3 4	1 2 3 4
Meningitis	1 2 3 4	1 2 3 4	Heelstick	1 2 3 4	1 2 3 4
Seizures	1 2 3 4	1 2 3 4	Peripheral	1 2 3 4	1 2 3 4
Medication-Anticonvulsant medication	1 2 3 4	1 2 3 4	Umbilical Line	1 2 3 4	1 2 3 4
			Thoracentesis	1 2 3 4	1 2 3 4

<b>PULMONARY (continued)</b>	<b>Experience</b>	<b>Frequency</b>	<b>GASTROINTESTINAL (continued)</b>	<b>Experience</b>	<b>Frequency</b>
Use of artificial surfactant	1 2 3 4	1 2 3 4	Post abdominal surgery	1 2 3 4	1 2 3 4
Ventilator Care			Reflux precautions	1 2 3 4	1 2 3 4
CPAP/PEEP	1 2 3 4	1 2 3 4	Tracheoesophageal fistula (TEF)	1 2 3 4	1 2 3 4
High frequency jet ventilator	1 2 3 4	1 2 3 4	<b>ENDOCRINE/METABOLIC</b>		
Home ventilator	1 2 3 4	1 2 3 4	Assessment	1 2 3 4	1 2 3 4
IMV	1 2 3 4	1 2 3 4	Finnegan	1 2 3 4	1 2 3 4
Oscillating	1 2 3 4	1 2 3 4	Fluid & electrolyte balance	1 2 3 4	1 2 3 4
Pressure ventilator	1 2 3 4	1 2 3 4	<b>Interpretation of Lab Results</b>		
Volume ventilator	1 2 3 4	1 2 3 4	Bilirubin	1 2 3 4	1 2 3 4
Weaning	1 2 3 4	1 2 3 4	Test Urine and Interpret		
<b>Care of Neonate with:</b>			Glucose	1 2 3 4	1 2 3 4
Bronchopulmonary dysplasia (BPD)	1 2 3 4	1 2 3 4	Labstix	1 2 3 4	1 2 3 4
Cardiogenic/hypovolemic shock	1 2 3 4	1 2 3 4	Occult Blood	1 2 3 4	1 2 3 4
Diaphragmatic hernia	1 2 3 4	1 2 3 4	pH	1 2 3 4	1 2 3 4
Fresh tracheostomy	1 2 3 4	1 2 3 4	Specific gravity	1 2 3 4	1 2 3 4
Meconium aspiration	1 2 3 4	1 2 3 4	<b>Equipment &amp; Procedures</b>		
Persistent pulmonary hypertension (PPHN)	1 2 3 4	1 2 3 4	Collection of urine specimens		
Pneumothorax	1 2 3 4	1 2 3 4	Assist with suprapubic tap	1 2 3 4	1 2 3 4
Respiratory distress syndrome (RDS)	1 2 3 4	1 2 3 4	Catheter	1 2 3 4	1 2 3 4
Respiratory failure	1 2 3 4	1 2 3 4	Diaper/bag	1 2 3 4	1 2 3 4
<b>Medications</b>			Phototherapy for jaundice	1 2 3 4	1 2 3 4
Aminophylline	1 2 3 4	1 2 3 4	Post circumcision care	1 2 3 4	1 2 3 4
Prostaglandin	1 2 3 4	1 2 3 4	<b>Care of Neonate with:</b>		
<b>GASTROINTESTINAL</b>	<b>Experience</b>	<b>Frequency</b>	Acute renal failure	1 2 3 4	1 2 3 4
Assessment	1 2 3 4	1 2 3 4	DIC (disseminated intravascular coagulation)	1 2 3 4	1 2 3 4
Abdominal girth	1 2 3 4	1 2 3 4	Disorders of internal/external organs	1 2 3 4	1 2 3 4
Bowel sounds	1 2 3 4	1 2 3 4	Drug addiction/withdrawal	1 2 3 4	1 2 3 4
Palate	1 2 3 4	1 2 3 4	Hypo/hyperkalemia	1 2 3 4	1 2 3 4
Suck/Swallow	1 2 3 4	1 2 3 4	Hypo/hyponatremia	1 2 3 4	1 2 3 4
<b>Equipment &amp; Procedures</b>			IDM (infant of diabetic mother)		
Care of gastrostomy tube	1 2 3 4	1 2 3 4	Hyperglycemia	1 2 3 4	1 2 3 4
Feedings			Hypoglycemia	1 2 3 4	1 2 3 4
Assist with breast feeding	1 2 3 4	1 2 3 4	Malformations of the GU tract, kidney	1 2 3 4	1 2 3 4
Bottle	1 2 3 4	1 2 3 4	Peritoneal dialysis	1 2 3 4	1 2 3 4
Breast milk handling/storage	1 2 3 4	1 2 3 4	<b>INFECTIOUS DISEASES</b>	<b>Experience</b>	<b>Frequency</b>
Gavage	1 2 3 4	1 2 3 4	<b>Interpretation of Lab Results</b>		
Hospital grade electric breast pump	1 2 3 4	1 2 3 4	CBC/differential	1 2 3 4	1 2 3 4
Placement of intestinal tubes			Culture reports	1 2 3 4	1 2 3 4
Jejunal/gastro	1 2 3 4	1 2 3 4	Maternal lab results	1 2 3 4	1 2 3 4
Nasogastric/orogastric	1 2 3 4	1 2 3 4	<b>Equipment &amp; Procedures</b>		
Test for occult blood	1 2 3 4	1 2 3 4	Assist with lumbar puncture	1 2 3 4	1 2 3 4
<b>Care of Neonate with:</b>			Collect culture specimens	1 2 3 4	1 2 3 4
Cleft palate	1 2 3 4	1 2 3 4	Isolation techniques	1 2 3 4	1 2 3 4
Colostomy/ileostomy	1 2 3 4	1 2 3 4	Standard (universal) precautions	1 2 3 4	1 2 3 4
Gastroschisis/omphalocele	1 2 3 4	1 2 3 4	<b>Care of Neonate with:</b>		
GI bleeding	1 2 3 4	1 2 3 4	Hepatitis surface antigen+ mother	1 2 3 4	1 2 3 4
Inguinal hernia	1 2 3 4	1 2 3 4	HIV positive mother	1 2 3 4	1 2 3 4
Necrotizing enterocolitis (NEC)	1 2 3 4	1 2 3 4	Neonatal sepsis	1 2 3 4	1 2 3 4

<b>Medications - Immunizations</b>	<b>Experience</b>	<b>Frequency</b>	<b>MISCELLANEOUS</b>	<b>Experience</b>	<b>Frequency</b>
HBIG	1 2 3 4	1 2 3 4	<b>Assessment</b>		
HBV	1 2 3 4	1 2 3 4	Apgar scoring	1 2 3 4	1 2 3 4
HIB	1 2 3 4	1 2 3 4	Eye exam (r/o retinopathy)	1 2 3 4	1 2 3 4
Polio	1 2 3 4	1 2 3 4	Gestational Age		
DPT	1 2 3 4	1 2 3 4	Ballard	1 2 3 4	1 2 3 4
RespiGam/synagis prophylaxis	1 2 3 4	1 2 3 4	Dubowitz	1 2 3 4	1 2 3 4
<b>PHLEBOTOMY/IV THERAPY</b>	<b>Experience</b>	<b>Frequency</b>	Other (specify)	1 2 3 4	1 2 3 4
<b>Equipment &amp; Procedures</b>			Maternal history	1 2 3 4	1 2 3 4
Administration of blood/blood products			Screen for hearing loss	1 2 3 4	1 2 3 4
Cryoprecipitate	1 2 3 4	1 2 3 4	<b>Equipment &amp; Procedures</b>		
Packed red blood cells	1 2 3 4	1 2 3 4	Bereavement/postmortem care	1 2 3 4	1 2 3 4
Plasma/albumin	1 2 3 4	1 2 3 4	Consents		
Whole blood	1 2 3 4	1 2 3 4	Immunization	1 2 3 4	1 2 3 4
Delivery Systems			Procedural	1 2 3 4	1 2 3 4
IV pump	1 2 3 4	1 2 3 4	Treatment	1 2 3 4	1 2 3 4
Syringe pump	1 2 3 4	1 2 3 4	Cord care	1 2 3 4	1 2 3 4
Drawing blood from central line	1 2 3 4	1 2 3 4	Neonatal skin care	1 2 3 4	1 2 3 4
Drawing venous blood	1 2 3 4	1 2 3 4	Positioning Devices	1 2 3 4	1 2 3 4
Hyperalimentation/TPN/PPN	1 2 3 4	1 2 3 4	Preparation for transport/transfer	1 2 3 4	1 2 3 4
Intralipid	1 2 3 4	1 2 3 4	Thermoregulation		
Managing IV Therapy			Isolette with humidity	1 2 3 4	1 2 3 4
Discontinuing	1 2 3 4	1 2 3 4	Radiant warmer	1 2 3 4	1 2 3 4
Dressing & tubing change	1 2 3 4	1 2 3 4	Temperature (auxillary,rectal,skin)	1 2 3 4	1 2 3 4
Rate Calculation	1 2 3 4	1 2 3 4	Weaning to open crib/bassinet	1 2 3 4	1 2 3 4
Site & patency assessment	1 2 3 4	1 2 3 4	Weights		
Starting IV's			Bed scale	1 2 3 4	1 2 3 4
Angiocath	1 2 3 4	1 2 3 4	Scale	1 2 3 4	1 2 3 4
Butterfly	1 2 3 4	1 2 3 4	<b>Medications</b>		
Heparin/Saline lock	1 2 3 4	1 2 3 4	Calculation of dosage	1 2 3 4	1 2 3 4
<b>Care of the Neonate with:</b>			Emergency drug action & reaction	1 2 3 4	1 2 3 4
Central Line/Catheter/Dressing			Eye Prophylaxis - Vitamin K	1 2 3 4	1 2 3 4
Broviac	1 2 3 4	1 2 3 4	Neonatal drug action & reactions	1 2 3 4	1 2 3 4
Groshong	1 2 3 4	1 2 3 4			
Hickman	1 2 3 4	1 2 3 4	<b>AGE SPECIFIC COMPETENCY</b>	<b>Experience</b>	<b>Frequency</b>
Port-A-Cath	1 2 3 4	1 2 3 4	Newborn/Neonate (birth to 30 days)	1 2 3 4	1 2 3 4
Quinton	1 2 3 4	1 2 3 4	Infant (1 month to 1 year)	1 2 3 4	1 2 3 4
Percutaneous arterial line	1 2 3 4	1 2 3 4	Toddler (1 year to 3 years)	1 2 3 4	1 2 3 4
Percutaneous venous line	1 2 3 4	1 2 3 4	Preschooler (3 years to 5 years)	1 2 3 4	1 2 3 4
Peripheral line/dressing	1 2 3 4	1 2 3 4	School age child (5 years to 12 years)	1 2 3 4	1 2 3 4
PICC (peripherally inserted central catheter)	1 2 3 4	1 2 3 4	Adolescents (12 years to 18 years)	1 2 3 4	1 2 3 4
Umbilical artery line	1 2 3 4	1 2 3 4	Young Adults (18 years to 39 years)	1 2 3 4	1 2 3 4
Umbilical venous line	1 2 3 4	1 2 3 4	Middle Adults (39 years to 64 years)	1 2 3 4	1 2 3 4
<b>PAIN MANAGEMENT</b>	<b>Experience</b>	<b>Frequency</b>	Older Adults (64 years to 79 years)	1 2 3 4	1 2 3 4
Assessment of pain level	1 2 3 4	1 2 3 4	Elderly Adults (over 79+ years)	1 2 3 4	1 2 3 4
Care of Neonate with sedation	1 2 3 4	1 2 3 4			

I attest that the information I have given is true and accurate to the best of my knowledge and that I am the individual completing this form. I hereby authorize Texas Select Staffing to release this Skills Checklist to its client facilities for consideration of employment as a contractor at those facilities.

Signature \_\_\_\_\_ Date \_\_\_\_\_