



Labor & Delivery Skills Checklist

Experience

- 1 - No Experience
- 2 - Limited Experience
- 3 - Proficient (experienced, may need occasional review)
- 4 - Highly Skilled (can function well independently)

Frequency

- 1 - Never Done
- 2 - Rarely Done
- 3 - Occasionally Done
- 4 - Frequently Done

Name: _____

GENERAL SKILLS	Experience	Frequency	MEDICATIONS	Experience	Frequency
Patient and Family Teaching	1 2 3 4	1 2 3 4	Ritodrine	1 2 3 4	1 2 3 4
Coaching Needs: Physical and Emotional	1 2 3 4	1 2 3 4	Magnesium Sulfate	1 2 3 4	1 2 3 4
Universal Precautions	1 2 3 4	1 2 3 4	Terbutaline	1 2 3 4	1 2 3 4
Care of the Patient in Isolation	1 2 3 4	1 2 3 4	Indomethacin	1 2 3 4	1 2 3 4
Care of the Patient in Restraints	1 2 3 4	1 2 3 4	Procardia	1 2 3 4	1 2 3 4
Cardiac Monitoring	1 2 3 4	1 2 3 4	Pitocin	1 2 3 4	1 2 3 4
Pulse Oximetry	1 2 3 4	1 2 3 4	Oxytocin	1 2 3 4	1 2 3 4
Ventilator Management (Adult)	1 2 3 4	1 2 3 4	Cervidil	1 2 3 4	1 2 3 4
Ventilator Management (Newborn)	1 2 3 4	1 2 3 4	Cytotec	1 2 3 4	1 2 3 4
Prep and Administration of Emergency Meds	1 2 3 4	1 2 3 4	Prostin Suppositories	1 2 3 4	1 2 3 4
Infant/Neonatal Cardiac/Respiratory Arrest	1 2 3 4	1 2 3 4	Assist with Prostin Gel	1 2 3 4	1 2 3 4
Adult Cardiac/Respiratory Arrest	1 2 3 4	1 2 3 4	Antibiotics	1 2 3 4	1 2 3 4
End of Life Care	1 2 3 4	1 2 3 4	Antihypertensives	1 2 3 4	1 2 3 4
Fetal Monitoring - Basic	1 2 3 4	1 2 3 4	Heparin	1 2 3 4	1 2 3 4
Fetal Monitoring - Advanced	1 2 3 4	1 2 3 4	Stadol	1 2 3 4	1 2 3 4
IV Therapy	1 2 3 4	1 2 3 4	Nubain	1 2 3 4	1 2 3 4
Administration of Blood/Blood Products	1 2 3 4	1 2 3 4	Morphine	1 2 3 4	1 2 3 4
Knowledge of Normal Lab Values	1 2 3 4	1 2 3 4	Demerol	1 2 3 4	1 2 3 4
Newborn	1 2 3 4	1 2 3 4	Fentanyl	1 2 3 4	1 2 3 4
Labor Patient	1 2 3 4	1 2 3 4	Insulin Drips	1 2 3 4	1 2 3 4
Pain Management	1 2 3 4	1 2 3 4	Insulin Pumps	1 2 3 4	1 2 3 4
Automated Medication Dispensing System	1 2 3 4	1 2 3 4	Insulin SC	1 2 3 4	1 2 3 4
ANTEPARTUM:	Experience	Frequency	AZI/Other Antiviral Medications	1 2 3 4	1 2 3 4
Triage of Obstetrical Patients	1 2 3 4	1 2 3 4	Rhogam	1 2 3 4	1 2 3 4
Assessment of Birth Plan	1 2 3 4	1 2 3 4	PAIN MANAGEMENT/ANESTHESIA	Experience	Frequency
Perform Admission Risk Assessment	1 2 3 4	1 2 3 4	Assess Pain Level	1 2 3 4	1 2 3 4
Non-Stress Test (NST)	1 2 3 4	1 2 3 4	Assess Acceptable Level of Pain	1 2 3 4	1 2 3 4
Induction of Labor	1 2 3 4	1 2 3 4	Intranasal Pain Medications	1 2 3 4	1 2 3 4
Oxytocin Challenge Tests (OCT)	1 2 3 4	1 2 3 4	Oral Pain Medications	1 2 3 4	1 2 3 4
Biophysical Profile	1 2 3 4	1 2 3 4	IV Pain Medications	1 2 3 4	1 2 3 4
Assist with Sonogram	1 2 3 4	1 2 3 4	PCA	1 2 3 4	1 2 3 4
Perform Sonogram	1 2 3 4	1 2 3 4	IV Conscious Sedation	1 2 3 4	1 2 3 4
Assist with Amniocentesis	1 2 3 4	1 2 3 4	Epidural Pain Management	1 2 3 4	1 2 3 4
Normal Perinatal Vital Signs	1 2 3 4	1 2 3 4	Intervention for Anesthesia Toxicity	1 2 3 4	1 2 3 4
Deep Tendon Reflex Checks (DTR's)	1 2 3 4	1 2 3 4	Assist with Epidural Insertion	1 2 3 4	1 2 3 4
Edema Assessment	1 2 3 4	1 2 3 4	Positioning of Patient	1 2 3 4	1 2 3 4
Clonus	1 2 3 4	1 2 3 4	Signs of a Dural Puncture	1 2 3 4	1 2 3 4
Assess for Comfort	1 2 3 4	1 2 3 4	Coaching Patient	1 2 3 4	1 2 3 4
Breathing/Relaxation Techniques	1 2 3 4	1 2 3 4	Fluid Challenge	1 2 3 4	1 2 3 4
Coaching	1 2 3 4	1 2 3 4	Hypotension	1 2 3 4	1 2 3 4
Positioning	1 2 3 4	1 2 3 4	Intrathecal Narcotics	1 2 3 4	1 2 3 4

PRE-EXISTING CONDITIONS/HIGH RISK OB	Experience	Frequency	IV THERAPY/PROCEDURES (continued)	Experience	Frequency
Cardiac Disease	1 2 3 4	1 2 3 4	Blood Draw from PICC/CVL	1 2 3 4	1 2 3 4
Neurological Disease	1 2 3 4	1 2 3 4	Administration of Blood/Blood Products	1 2 3 4	1 2 3 4
Seizure Disorder	1 2 3 4	1 2 3 4	Packed Red Blood Cells	1 2 3 4	1 2 3 4
Chronic Diabetes Mellitus	1 2 3 4	1 2 3 4	Platelets	1 2 3 4	1 2 3 4
Pregnancy Induced Diabetes Mellitus	1 2 3 4	1 2 3 4	IV Infusion Pumps	1 2 3 4	1 2 3 4
Asthma	1 2 3 4	1 2 3 4	Blood/Fluid Warmers	1 2 3 4	1 2 3 4
Chronic Hypertension	1 2 3 4	1 2 3 4			
Pregnancy-Induced Hypertension	1 2 3 4	1 2 3 4	MATERNAL LABOR ASSESSMENT	Experience	Frequency
Infectious Disease	1 2 3 4	1 2 3 4	Normal Vital Signs - Baseline	1 2 3 4	1 2 3 4
HBV	1 2 3 4	1 2 3 4	Identify Common Cardiac Arrhythmias	1 2 3 4	1 2 3 4
HIV	1 2 3 4	1 2 3 4	Assist with Sterile Speculum Exam	1 2 3 4	1 2 3 4
Sickle Cell Disease	1 2 3 4	1 2 3 4	Perform Sterile Speculum Exam	1 2 3 4	1 2 3 4
RH Incompatibilities	1 2 3 4	1 2 3 4	Vaginal Exam - Manual	1 2 3 4	1 2 3 4
Hemolytic Anemia	1 2 3 4	1 2 3 4	Status of Membranes	1 2 3 4	1 2 3 4
Collagen Vascular Disease	1 2 3 4	1 2 3 4	Assist with Rupture of Membranes	1 2 3 4	1 2 3 4
Hemorrhage	1 2 3 4	1 2 3 4	Fern Test	1 2 3 4	1 2 3 4
Drug Addiction/Withdrawal	1 2 3 4	1 2 3 4	Nitrazine	1 2 3 4	1 2 3 4
Pyelonephritis	1 2 3 4	1 2 3 4	Presence of Clonus	1 2 3 4	1 2 3 4
Abruptio Placenta	1 2 3 4	1 2 3 4	DTR's	1 2 3 4	1 2 3 4
Placenta Previa	1 2 3 4	1 2 3 4	Edema	1 2 3 4	1 2 3 4
Placenta Acreta	1 2 3 4	1 2 3 4	Progression of Labor	1 2 3 4	1 2 3 4
Preeclampsia	1 2 3 4	1 2 3 4	Dilation	1 2 3 4	1 2 3 4
Eclampsia	1 2 3 4	1 2 3 4	Effacement	1 2 3 4	1 2 3 4
Premature Labor	1 2 3 4	1 2 3 4	Fetal Position	1 2 3 4	1 2 3 4
Malpresentations	1 2 3 4	1 2 3 4	Fetal Presentation	1 2 3 4	1 2 3 4
Breech	1 2 3 4	1 2 3 4	Station	1 2 3 4	1 2 3 4
Transverse Lie/Shoulder	1 2 3 4	1 2 3 4	Contraction Characteristics	1 2 3 4	1 2 3 4
Face Presentation	1 2 3 4	1 2 3 4	Determination of Fetal Head Position	1 2 3 4	1 2 3 4
Brow Presentation	1 2 3 4	1 2 3 4	Documentation of Labor Status and Interventions	1 2 3 4	1 2 3 4
Multiple Gestation	1 2 3 4	1 2 3 4	Labor Suppressants	1 2 3 4	1 2 3 4
PROM	1 2 3 4	1 2 3 4	Collect Blood Specimens	1 2 3 4	1 2 3 4
Chorioamnionitis	1 2 3 4	1 2 3 4	Collect Urine Specimens	1 2 3 4	1 2 3 4
Poly/Oligohydramnios	1 2 3 4	1 2 3 4	Toxicology Studies	1 2 3 4	1 2 3 4
Prior Tubal Ligation	1 2 3 4	1 2 3 4	Collect Vaginal Cultures	1 2 3 4	1 2 3 4
VBAC Management/Trial of Labor	1 2 3 4	1 2 3 4	Fluid	1 2 3 4	1 2 3 4
Uterine Rupture	1 2 3 4	1 2 3 4	Herpes	1 2 3 4	1 2 3 4
Incompetent Cervix (Shirodkar Suture/Cerclage)	1 2 3 4	1 2 3 4	Chlamydia	1 2 3 4	1 2 3 4
Spontaneous Abortions - Complete/Incomplete	1 2 3 4	1 2 3 4	Group B Strep	1 2 3 4	1 2 3 4
Intrauterine Growth Retardation (IUGR)	1 2 3 4	1 2 3 4	Perform Leopold's Maneuvers	1 2 3 4	1 2 3 4
Postdate Pregnancy	1 2 3 4	1 2 3 4	Amnioinfusion (assist or perform) for:	1 2 3 4	1 2 3 4
HELLP Syndrome	1 2 3 4	1 2 3 4	Variable Decelerations	1 2 3 4	1 2 3 4
DIC	1 2 3 4	1 2 3 4	Meconium	1 2 3 4	1 2 3 4
Fetal Demise	1 2 3 4	1 2 3 4	Prolapsed Cord	1 2 3 4	1 2 3 4
IV THERAPY/PROCEDURES	Experience	Frequency	Vasa Previa	1 2 3 4	1 2 3 4
Starting PIV's	1 2 3 4	1 2 3 4	Catheter Insertion	1 2 3 4	1 2 3 4
PICC Lines-Care and Maintenance	1 2 3 4	1 2 3 4	Straight Cath	1 2 3 4	1 2 3 4
Central Venous Lines-Care and Maintenance	1 2 3 4	1 2 3 4	Foley	1 2 3 4	1 2 3 4
Invasive Hemodynamic Monitoring	1 2 3 4	1 2 3 4			

LABOR ASSESSMENT/PROCEDURES: FETAL:	Experience	Frequency	IMMEDIATE CARE OF NEWBORN (continued)	Experience	Frequency
Fetal Heart Rate - Doppler	1 2 3 4	1 2 3 4	Suctioning	1 2 3 4	1 2 3 4
Fetal Heart Rate - Auscultate	1 2 3 4	1 2 3 4	Bulb	1 2 3 4	1 2 3 4
Document Fetal Position	1 2 3 4	1 2 3 4	Delee	1 2 3 4	1 2 3 4
Fetal Heart Rate Patterns: Identify Baseline	1 2 3 4	1 2 3 4	Wall	1 2 3 4	1 2 3 4
Fetal Heart Rate Patterns: Identify & Treat:	1 2 3 4	1 2 3 4	Meconium Aspiration	1 2 3 4	1 2 3 4
Variability	1 2 3 4	1 2 3 4	Collect Cord Samples	1 2 3 4	1 2 3 4
Variable Decelerations	1 2 3 4	1 2 3 4	Assist with UAC/UVC Insertion	1 2 3 4	1 2 3 4
Early Decelerations	1 2 3 4	1 2 3 4	Insertion of IV, Including Scalp IV	1 2 3 4	1 2 3 4
Late Decelerations	1 2 3 4	1 2 3 4	Radiant Warmer/Thermoregulation	1 2 3 4	1 2 3 4
Prolonged Decelerations	1 2 3 4	1 2 3 4	Interventions for LGA, SGA, IUGR	1 2 3 4	1 2 3 4
External Fetal Monitor Application	1 2 3 4	1 2 3 4	Interventions for Infant of Diabetic Mother	1 2 3 4	1 2 3 4
Internal Fetal Monitor Application (Assist)	1 2 3 4	1 2 3 4	Oxygen Administration	1 2 3 4	1 2 3 4
Internal Fetal Monitor Application (Perform)	1 2 3 4	1 2 3 4	Bag/Mask Ventilation of the Newborn	1 2 3 4	1 2 3 4
Spiral Electrode	1 2 3 4	1 2 3 4	Assist with Intubation	1 2 3 4	1 2 3 4
Intrauterine Pressure Catheter (IUPC)	1 2 3 4	1 2 3 4	Transport Isolette	1 2 3 4	1 2 3 4
Placement	1 2 3 4	1 2 3 4	Heelstick Glucose	1 2 3 4	1 2 3 4
Calibration	1 2 3 4	1 2 3 4	Eye Prophylaxis	1 2 3 4	1 2 3 4
Fluid Filled	1 2 3 4	1 2 3 4	Vitamin K	1 2 3 4	1 2 3 4
Transducer Tipped	1 2 3 4	1 2 3 4	ID/Security Banding	1 2 3 4	1 2 3 4
DELIVERY/C-SECTION	1 2 3 4	1 2 3 4	Promote Bonding Behaviors	1 2 3 4	1 2 3 4
Assist with Vaginal Delivery	1 2 3 4	1 2 3 4	Lead Placement for Cardiac Monitor	1 2 3 4	1 2 3 4
Forceps Extraction	1 2 3 4	1 2 3 4	Apnea Monitoring	1 2 3 4	1 2 3 4
Vacuum Extraction	1 2 3 4	1 2 3 4	Oxyhood	1 2 3 4	1 2 3 4
Assist with High Risk Delivery	1 2 3 4	1 2 3 4	POSTPARTUM CARE	Experience	Frequency
Shoulder Dystocia	1 2 3 4	1 2 3 4	Fundal Height	1 2 3 4	1 2 3 4
Hemorrhage/Shock	1 2 3 4	1 2 3 4	Fundal Massage	1 2 3 4	1 2 3 4
Emergency Delivery	1 2 3 4	1 2 3 4	Lochia	1 2 3 4	1 2 3 4
Abdominal Shave/Scrub Prep	1 2 3 4	1 2 3 4	Episiotomy Care	1 2 3 4	1 2 3 4
Perineal Prep	1 2 3 4	1 2 3 4	Perineum Care	1 2 3 4	1 2 3 4
Circulate for C-Section	1 2 3 4	1 2 3 4	Maternal Vital Signs	1 2 3 4	1 2 3 4
Scrub for C-Section	1 2 3 4	1 2 3 4	Recovering Post-Op C-Section Patient	1 2 3 4	1 2 3 4
Patient with General Anesthesia	1 2 3 4	1 2 3 4	Recovering Post-Op Tubal Ligation Patient	1 2 3 4	1 2 3 4
Patient with Epidural Anesthesia	1 2 3 4	1 2 3 4	Fluid Balance	1 2 3 4	1 2 3 4
Circulate for Tubal Ligation	1 2 3 4	1 2 3 4	Assessment for DVT	1 2 3 4	1 2 3 4
Scrub for Tubal Ligation	1 2 3 4	1 2 3 4	Couplet Care	1 2 3 4	1 2 3 4
Assist with Placenta Delivery	1 2 3 4	1 2 3 4	Breast Care	1 2 3 4	1 2 3 4
Fundus Massage	1 2 3 4	1 2 3 4	Breastfeeding	1 2 3 4	1 2 3 4
Assist with Cervical Laceration Repair	1 2 3 4	1 2 3 4	NEWBORN CARE	Experience	Frequency
Assist with Uterine Laceration Repair	1 2 3 4	1 2 3 4	Cord Care	1 2 3 4	1 2 3 4
Assist with Episiotomy Repair	1 2 3 4	1 2 3 4	Circumcision Care	1 2 3 4	1 2 3 4
IMMEDIATE CARE OF NEWBORN	Experience	Frequency	Bath Demonstration	1 2 3 4	1 2 3 4
Newborn Assessment	1 2 3 4	1 2 3 4	Assist with Breastfeeding	1 2 3 4	1 2 3 4
Ballard	1 2 3 4	1 2 3 4	Latch on	1 2 3 4	1 2 3 4
Dubowitz	1 2 3 4	1 2 3 4	Positioning	1 2 3 4	1 2 3 4
Finnegan/ Abstinence Scoring	1 2 3 4	1 2 3 4	Assist with Lumbar Puncture	1 2 3 4	1 2 3 4
Apgar Scores	1 2 3 4	1 2 3 4	Administration of IV Antibiotics	1 2 3 4	1 2 3 4
Initial Vital Signs	1 2 3 4	1 2 3 4	Newborn Vital Signs	1 2 3 4	1 2 3 4

CARE OF THE INFANT WITH	Experience	Frequency	AGE OF PATIENTS CARED FOR	Experience	Frequency
Drug Addiction/Withdrawal	1 2 3 4	1 2 3 4	Newborn/Neonate (birth to 30 days)	1 2 3 4	1 2 3 4
Cystic Fibrosis	1 2 3 4	1 2 3 4	Infant (1 month to 1 year)	1 2 3 4	1 2 3 4
Meconium Aspiration	1 2 3 4	1 2 3 4	Toddler (1 year to 3 years)	1 2 3 4	1 2 3 4
Pneumonia	1 2 3 4	1 2 3 4	Preschooler (3 years to 5 years)	1 2 3 4	1 2 3 4
Pulmonary Edema	1 2 3 4	1 2 3 4	School age child (5 years to 12 years)	1 2 3 4	1 2 3 4
RDS	1 2 3 4	1 2 3 4	Adolescents (12 years to 18 years)	1 2 3 4	1 2 3 4
NEC	1 2 3 4	1 2 3 4	Young Adults (18 years to 39 years)	1 2 3 4	1 2 3 4
Cardiac Anomalies	1 2 3 4	1 2 3 4	Middle Adults (39 years to 64 years)	1 2 3 4	1 2 3 4
Neuromuscular Disease	1 2 3 4	1 2 3 4	Older Adults (64 years to 79 years)	1 2 3 4	1 2 3 4
Spina Bifida	1 2 3 4	1 2 3 4	Elderly Adults (over 79+ years)	1 2 3 4	1 2 3 4
Seizure Activity	1 2 3 4	1 2 3 4			
Tracheoesophageal Fistula	1 2 3 4	1 2 3 4			
Sepsis	1 2 3 4	1 2 3 4			
Sickle Cell Disease	1 2 3 4	1 2 3 4			
Low Birth Weight Infants	1 2 3 4	1 2 3 4			

I attest that the information I have given is true and accurate to the best of my knowledge and that I am the individual completing this form. I hereby authorize Texas Select Staffing to release this Skills Checklist to its client facilities for consideration of employment as a contractor at those facilities.

Signature _____ Date _____